



**American Cancer Society Circle Of Life<sup>SM</sup>**  
*Cancer Education and Wellness for American Indian and Alaska Native Communities*

## Wellness along the Cancer Journey:

### Palliative Care

Revised October 2015

## Chapter 5: Behavior Change Questions



**Circle Of Life: Cancer Education and Wellness**

**for American Indian and Alaska Native Communities**

**Behavioral Change Questions**

<p><b>First, select what you did or thought before you did before you participated in this session.</b></p> <p><b>Second, select what you think or will do now that you have participated in this session.</b></p>	Before this I ...					After this I ...				
	None ←————→ A Lot					None ←————→ A Lot				
	1	2	3	4	5	1	2	3	4	5
How much do you know about palliative care?										
How much do you know about the goals of palliative care?										
How much do you know about the ways health care providers assess pain?										
How much do you know about hospice care?										
How much do you know about home care?										