

Circle Of Life: Cancer Education and Wellness

for American Indian and Alaska Native Communities



American Cancer Society Circle Of LifeSM
Cancer Education and Wellness for American Indian and Alaska Native Communities

Wellness Along the Cancer Journey:

Caregiving

Revised October 2015

Chapter 9: Appendices

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Appendices

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Appendix A: National Organizations and Websites

Family Caregiver Alliance (FCA)/National Center on Caregiving

Toll-free number: 1-800-445-8106

Website: caregiver.org

Provides information and resources on long-term caregiving

National Alliance for Caregiving (NAC)

Toll-free number: 1-800-896-3650

Website: caregiving.org

A national coalition of organizations focused on caregiving issues; provides familycaregiving101.org, a resource for answers, new ideas, and helpful advice for caregivers

National Family Caregivers Association (NFCA)

Toll-free number: 1-800-896-3650

Website: thefamilycaregiver.org

A national, nonprofit, membership association whose mission is to support, educate, and empower family caregivers to help them become their own advocate

Well Spouse Association (WSA)

Toll-free number: 1-800-838-0879

Website: wellspouse.org

A national, nonprofit membership organization (dues are charged) that provides emotional support to spouses and partners of chronically ill and/or disabled people. Also offers Regional Respite Weekends for spousal caregivers.

National Respite Locator Service

Website: respitelocator.org

Helps caregivers and professionals find respite services (a way for caregivers to get a break from caregiving) in their state and local area

Lotsa Helping Hands

Website: lotsahelpinghands.org

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Helps coordinate services for friends, family, colleagues, and neighbors to assist loved ones in need. You can set up a free online program that allows volunteers to sign up to help with meals, rides, and other tasks on an easy-to-use, private group calendar.

American Association for Marriage and Family Therapy

Telephone: 703-838-9808

Website: aamft.org

Sponsors therapistlocator.net, which provides referrals to local marriage and family therapists. The site also contains educational materials on helping couples live with illness, as well as other issues related to families and health.

Cancer Legal Resource Center

Toll-free number: 1-866-843-2572 (1-866-THE-CLRC)

TDD: 1-213-736-8310

Website: cancerlegalresourcecenter.org

A nonprofit program offering free and confidential information and resources on cancer-related legal issues to cancer survivors, their families, friends, employers, health care professionals, and others coping with cancer

Cancer Hope Network

Toll-free number: 1-877-467-3638 (1-877-HOPENET)

Website: cancerhopenetwork.org

Volunteers provide free and confidential one-on-one telephone support for people with cancer and family members.

CancerCare

Toll-free number: 1-800-813-4673 (1-800-813-HOPE)

Website: cancercare.org

Offers free professional support services, including telephone counseling, online support groups, and educational materials, to people with cancer, their loved ones, and caregivers

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Cancer Support Community

Toll-free number: 1-888-793-9355

Website: cancersupportcommunity.org

A website that provides free support for people living with cancer – men, women, teens, and children – along with their families and friends. It provides networking and online support groups, workshops, education.

National Cancer Institute

Toll-free number: 1-800-422-6237 (1-800-4-CANCER)

Website: cancer.gov

A good source of up-to-date information about cancer for patients and their families

The American Cancer Society is available 24 hours a day, seven days a week to provide – among other things – the latest cancer information, emotional support, or free lodging when patients need treatment away from home. Visit us at cancer.org or call us at 1-800-227-2345.