

## ***Circle Of Life: Cancer Education and Wellness***

### ***for American Indian and Alaska Native Communities***

#### **Appendix D: Additional Resources**

Along with the American Cancer Society, other sources of information and support include:

##### **National Cancer Institute (NCI)**

Toll-free number: 1-800-422-6237 (1-800-4-CANCER) (answers as "Cancer Information Service")

Website: [cancer.gov](http://cancer.gov)

The National Cancer Institute has information on advance planning and advance directives on their website, as well as pain management, palliative care, and end of life.

##### **Cancer Legal Resource Center**

Toll-free number: 1-866-843-2572 (1-866-THE-CLRC)

Website: [cancerlegalresourcecenter.org](http://cancerlegalresourcecenter.org)

Cancer Legal Resource Center offers free and low-cost legal information and referrals to people with cancer. If no one answers the phone, leave a number and message for A call back.

##### **Compassion and Choices**

Toll-free number: 1-800-247-7421

Website: <https://www.compassionandchoices.org/>

Compassion and Choices offers worksheets, forms, and help in writing advance directives. It also can help a person approach their families, friends, and health care providers about health care wishes.

##### **Caring Connections, from the National Hospice and Palliative Care Organization (NHPCO)**

Toll-free number: 1-800-658-8898 (answers as End-of-Life Consumer Helpline)

Website: [caringinfo.org/AdvanceDirectives](http://caringinfo.org/AdvanceDirectives)

Caring Connections lists each state's requirements for advance directives. The Free Downloads section has a link to "state-specific advance directives" with forms and instructions for each state. Caring Connections also supports people

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living with cancer, caring for a sick person, and helps deal with grief a loved one's death

**GriefNet** (online groups for grief support, with a special site for children only)

Website: [griefnet.org](http://griefnet.org)

#### **Candlelighters Childhood Cancer Family Alliance**

Toll-free number: (713) 270-4700

Website: [www.candle.org](http://www.candle.org)

**The Centering Corporation** (information and resources after a loved one dies)

Toll-free number: 1-866-218-0101

Website: [www.centering.org](http://www.centering.org)

**The Compassionate Friends** (for those coping with the death of a child)

Toll-free number: 1-877-969-0010

Website: [compassionatefriends.org](http://compassionatefriends.org)

#### **Substance Abuse and Mental Health Service Administration (SAMHSA)**

Mental Health Information Center

Toll-free number: 877-726-4727

Website: [samhsa.gov](http://samhsa.gov)

Substance Abuse and Mental Health Service Administration offers information and help with managing grief, bereavement, depression, and more; call the toll free number to find nearby mental health treatment services

#### **National Institute on Drug Abuse (NIDA)**

Phone: 301-443-1124

Phone for people speaking Spanish: 240-221-4007

Website: [nida.nih.gov/nidahome.html](http://nida.nih.gov/nidahome.html)

The National Institute on Drug Abuse offers information on the science of drug abuse and addiction.

#### **Suicide Prevention Hotline**

Toll-free number: 1-800-273-TALK

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**National Funeral Directors Association (NFDA)**

Toll-free number: 1-800-228-6332

Website: [nfda.org/consumerresources.php](http://nfda.org/consumerresources.php)

**American Council of Life Insurers (ACLI)**

Phone: 202-624-2000

Website: [acli.com](http://acli.com)

*\*Inclusion on this list does not imply endorsement by the American Cancer Society.*